



Transition to Adulthood for Patients with PWS

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CONDENSED ABSTRACT

Early, collaborative planning is crucial for adults with PWS to achieve independent living, given their cognitive, social, and medical complexities. Education on transition planning along with collaborative planning is crucial to achieve transition readiness.

OBJECTIVES

- Educate family on the various steps in transition planning
- Help families develop a stair-stepping approach to transition planning over time
- Track the patient's transition planning process within the context of the PWS clinical team

Patient 1

Adult Female with Deletion

- At Transition from Pediatric Multidisciplinary Clinic to Adult Multidisciplinary Clinic

- ✓ Supported Decision Making and working on Guardianship
- ✓ Texas Work Force
- ✓ SSI
- ✓ Utilizing local mental health agencies
- ✓ Waiver list
- ✓ Has a valid Texas ID
- ✓ Community Connections Programs
- ✓ Adult Providers

Patient 2

Adult Female with Deletion

- At Transition from Pediatric Multidisciplinary Clinic to Adult Multidisciplinary Clinic

- ✗ No guardianship obtained
- ✗ Adult providers not obtained
- ✗ Texas Work Force not utilized
- ✗ Not connected with local mental health agencies
- ✓ Has valid TX ID
- ✓ SSI & Medicaid

RESULTS

Looking at individual patients showed that certain families require a more hands-on approach to transition goals and securing social supports. Implementing a formal process is critical to universally prepare families for adult care.

Transition Process Considerations

- *Education:* Develop an IEP transition plan addressing post-secondary goals
- *Legal & Financial Planning:* guardianship, conservatorship, power of attorney, supported decision-making
- *Healthcare:* Develop an emergency plan, understand health insurance options
- *Housing:* Explore living arrangements such as independent living (with or without support)
- *Daily Life:* Personal care, meal prep, household chores, money management