

# **BALANCING RIGHTS AND RESTRICTIONS FOR INDIVIDUALS WITH PWS**

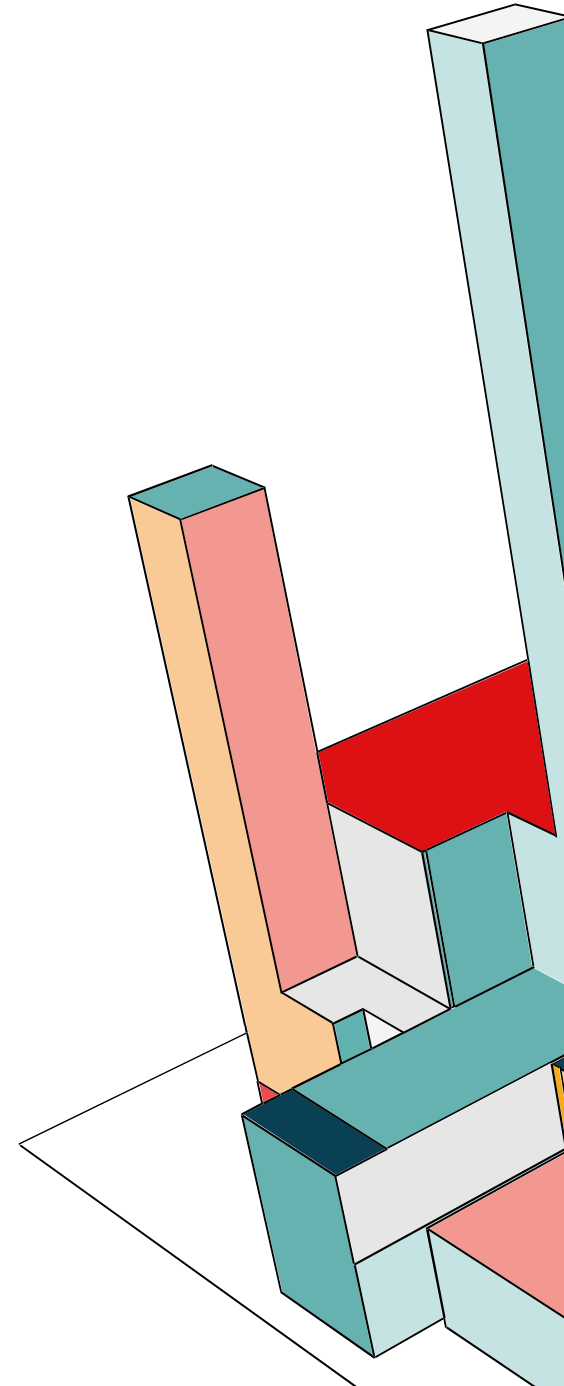
My Thoughts on This Important Topic

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# AGENDA

- what independence means to me
- skills I think I have
- my wishes and dreams
- ... back to reality





## My understanding of independence:

Confidence in my abilities is crucial.

Many people with PWS have similar abilities to me:

For example, I can,

- organize my free time effectively.
- manage my diet well with little support.
- Communicate with good manners.
- make good contacts, even outside of the residential group.
- travel alone by train.
- work with concentration and recognize mistakes well.

# MY WISHES

## 1. Simple Desires for Autonomy:

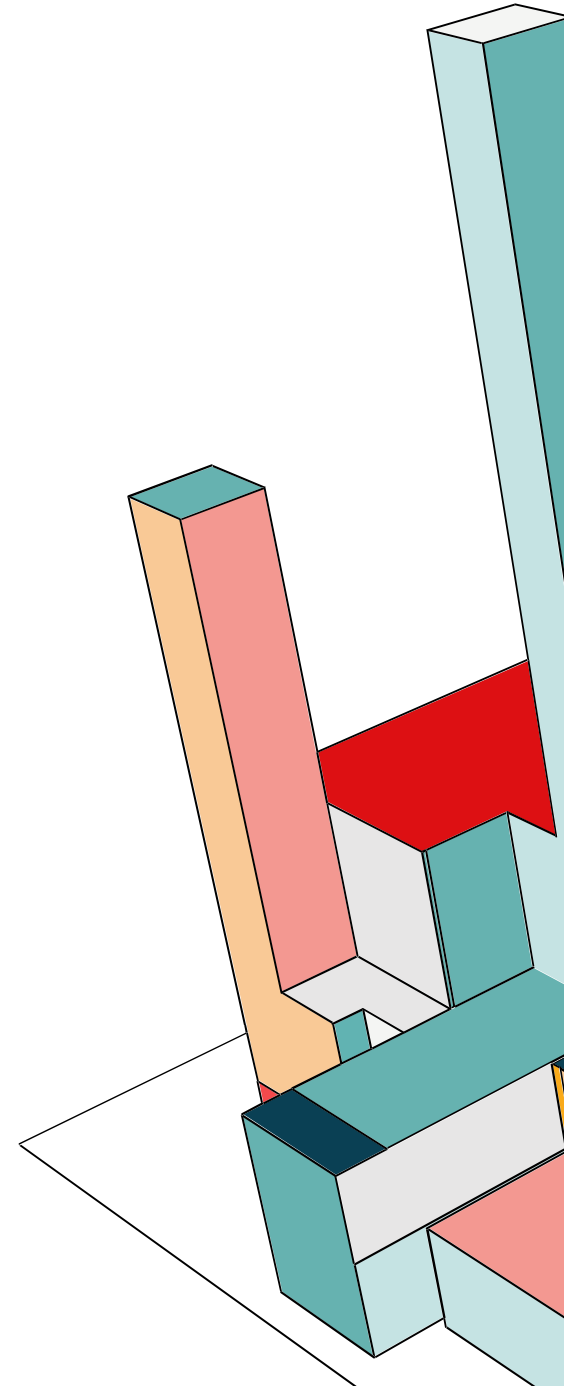
- Joining Shooting Club
- Spending Time with Girlfriend
- Pursuing Leisure on Own Terms

## 2. Living Independently:

- Cohabiting in Own Apartment
- Securing employment in Mainstream Job Market

## 3. Support:

- Receiving support only where Necessary



## ... back to reality

### Leisure Activities:

Limited autonomy despite choice.

Staff suggest activities.

Desire for personal input.

### Pursuing Interests:

Difficulty joining clubs.

Need facility permission.

Dependence on parental consent.

### Living Arrangements:

Non-choice roommates.

Desire for independent living.

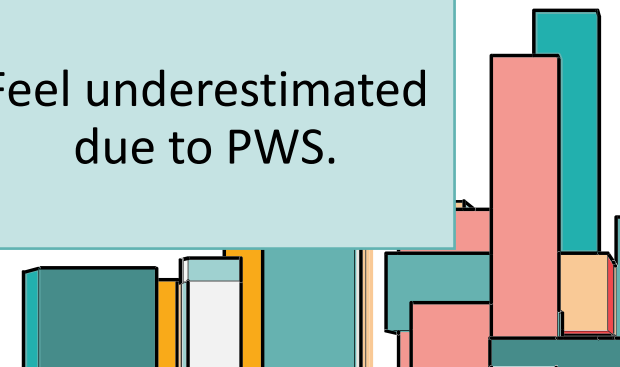
Lack of confidence in my coping ability.

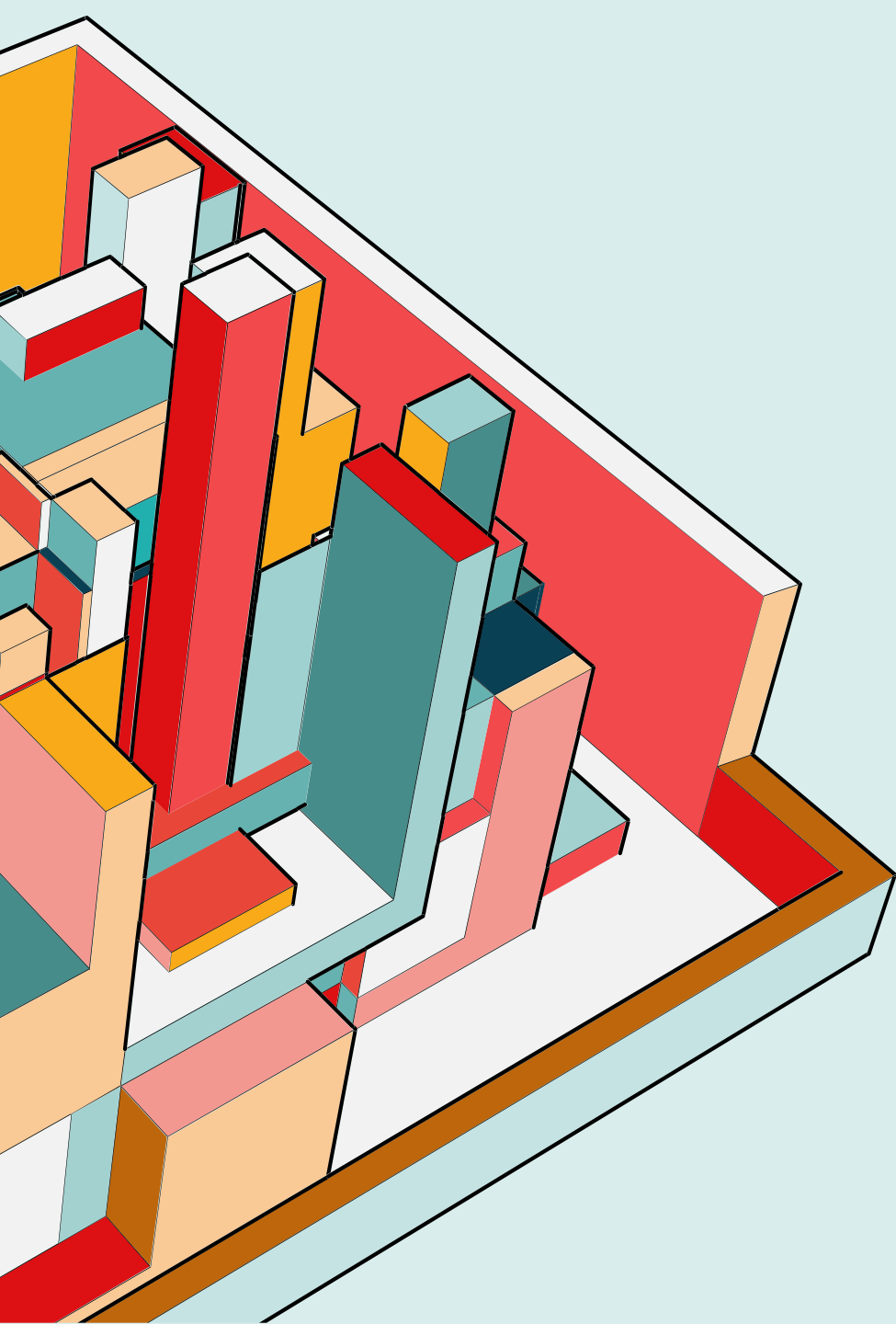
### Career Goals:

Preference for service jobs over metal work.

Want to explore alternatives.

Feel underestimated due to PWS.





# MY CONCLUSION

Paradigm shift in caregiving:

- Better acknowledging individual abilities

Empowering autonomy:

- Nurturing aspirations of people with PWS
- Guiding them to fulfilling lives with independence

Bridging aspiration and reality:

- Closing gap through recognition and support
- Paving the way for an Inclusive future

**THANK YOU  
FOR  
YOUR ATTENTION**

