

„Caregivers Work“

Outline between current state and future perspectives



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- Offer, among other things, a **living area for adults with the “Prader Willi Syndrome”** – based in a beautiful area of Vienna, with access to nature.
- **Opened in 2019** a shared apartment for **6 people** to live together. Everyone has his own room and some shared rooms, for common use, like the kitchen.
- **“Dislocated Apartment” for a single person**, opened in 2021. This flat is for one person, who wants to live more independently. Reachable on foot within 10 minutes
- **Central Concern of Care** and support is to improve the quality of life of the residents and thus contribute to greater well-being and health.
- **Structures and regularly recurring processes provide security, clarity and orientation** in daily care work and form the basis for learning and development
- **Eating regularly together** and a **structured daily routine** ensure food security and **reduce internal psychological conflicts**.

Based on the experiences we have made the last years, we want to focus now more and more on individual and self-determined development.

Current State “PWS-specific standards”	Focus for the future “more self-determination”
<ul style="list-style-type: none"> - advice, support and ensuring mental and physical health - crisis intervention - assistance with financial matters 	<ul style="list-style-type: none"> - motivation of the employees to be able to maintain this for as long as possible
<ul style="list-style-type: none"> - inclusion of the wishes and needs of those with “PWS” - building trust - motivation and exploiting personal development 	<ul style="list-style-type: none"> - expand the range of single apartments, couple apartments etc. - possibility to live there, regardless of their individual abilities - ensure appropriate care and maintaining the current offer
<ul style="list-style-type: none"> - nutrition plan - movement plan 	<ul style="list-style-type: none"> - each person gets an individual plan, choices throughout the meal selection, depending on the personal goals
<ul style="list-style-type: none"> - support and accompaniment in learning practical everyday skills or in organizing everyday life, support in dealing with conflicts 	<ul style="list-style-type: none"> - expand and maintain individual leisure activities (ensuring enough caregiver persons - in collaboration with the financial support)
<ul style="list-style-type: none"> - support, motivation and assistance in shaping relationships and social networks in leisure time - support on vacation 	<ul style="list-style-type: none"> - support and motivation to be able to make activities without accompaniment of the caregivers, agreement on time
<ul style="list-style-type: none"> - collaboration with work and the daycare-caregiver-teams - advice and support in professional and school matters 	<ul style="list-style-type: none"> - expanded networking between different living environments, in order to keep their staff up to date - involvement of those with PWS in all matters and decisions
<ul style="list-style-type: none"> - exchange of communication and work with the family of origin - networking with therapists and medicine 	<ul style="list-style-type: none"> - work of trust and exchange of expertise - expansion of the medical network
<ul style="list-style-type: none"> - exchange with specialist colleagues 	<ul style="list-style-type: none"> - expand advisory activities to share appropriate skills for families, schools, etc.
<ul style="list-style-type: none"> - regular training for caregiver-Team - animal-assisted pedagogy 	<ul style="list-style-type: none"> - ongoing training in the development of the PWS-topics - expansion of the pedagogic offer