

# PWS Network Switzerland

6th International Prader-Willi Syndrome Caregivers' Conference  
21-23 May 2024, Berlin, Germany

Bastian Bühler



**arkadis**  
gemeinsam  
lebensqualität  
schaffen



#PWSCARE24

# Introduction – or who am I?



Bastian Bühler

Switzerland

Social educator worker

Working with people with disabilities since 2007

Group home team leader for individuals with PWS since 2018

Board member of the Prader-Willi Syndrome Association Switzerland

Caregiver Delegate Switzerland

# Structur



- About Switzerland
- Parts of the PWS network
- Co-operations and synergies
- Benefits
- Outlook to the future

# About Switzerland



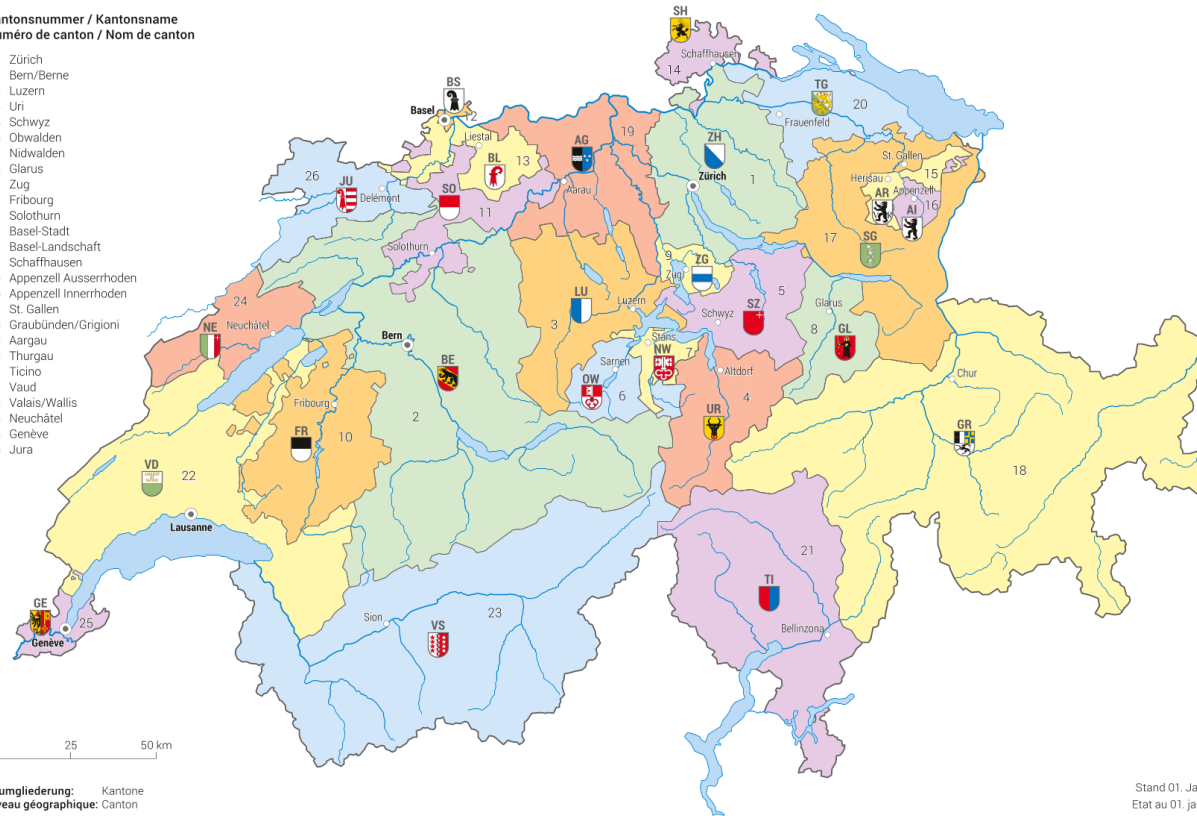
Switzerland is located in the middle of the European Union

# About Switzerland

Die 26 Kantone und Hauptorte der Schweiz  
Les 26 cantons et chefs-lieux de la Suisse

Kantonsnummer / Kantonsname  
Numéro de canton / Nom de canton

- 1 Zürich
- 2 Bern/Berne
- 3 Luzern
- 4 Uri
- 5 Schwyz
- 6 Obwalden
- 7 Nidwalden
- 8 Glarus
- 9 Zug
- 10 Fribourg
- 11 Solothurn
- 12 Basel-Stadt
- 13 Basel-Landschaft
- 14 Schaffhausen
- 15 Appenzel Auser rhoden
- 16 Appenzel Inner rhoden
- 17 St. Gallen
- 18 Graubünden/Grigioni
- 19 Aargau
- 20 Thurgau
- 21 Ticino
- 22 Vaud
- 23 Valais/Wallis
- 24 Neuchâtel
- 25 Genève
- 26 Jura



Raumgliederung: Kantone  
Niveau géographique: Canton

Stand 01. Januar 2022  
Etat au 01. janvier 2022

Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Eidgenössisches Departement des Innern EDI  
Département fédéral de l'intérieur DFI  
Bundesamt für Statistik BFS  
Office fédéral de la statistique OFS

Quelle: BFS – Raumnomenklaturen  
Source: OFS – Nomenclature spatiale  
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© OFS, ThemaKart, Neuchâtel 2023/KM05-01803-00-c-kant-2023-01

- A population about 9 Mio.
- 41.290 square kilometres
- Four languages (german, french, italian, romansh)
- 26 cantons
- Based on the population: 400-600 people with PWS

# Parts of the PWS Network Switzerland



- Residential Group Homes
- Association
- Institutions without a specific residential programme for people with PWS
- PWS specialised medical Doctors

# Residential Group Homes for People with PWS

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Residents:  
8 (german)



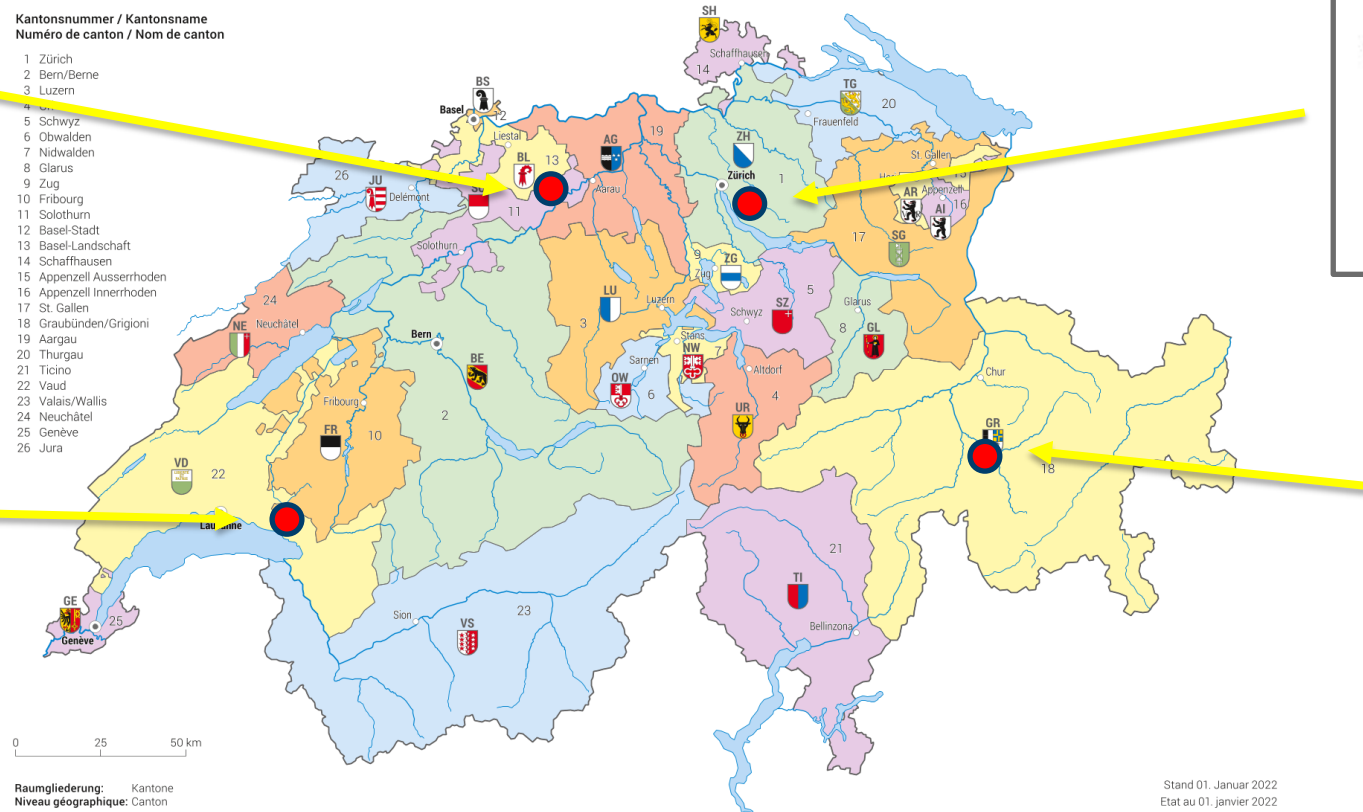
**CITÉ DU GÉNÉVRIER**  
LE BONHEUR, AUTREMENT...

Residents:  
5-7  
(french)

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**MARTIN STIFTUNG**

Residents:  
7 (german)

**ARGO**  
WIR STÄRKEN PERSÖNLICHKEITEN

Residents:  
15  
(german)

# PWS Association Switzerland



- Founded in 1991
- 144 members
- mainly consisting of parents, but also medical specialists
- 7 board members (parents and professionals)

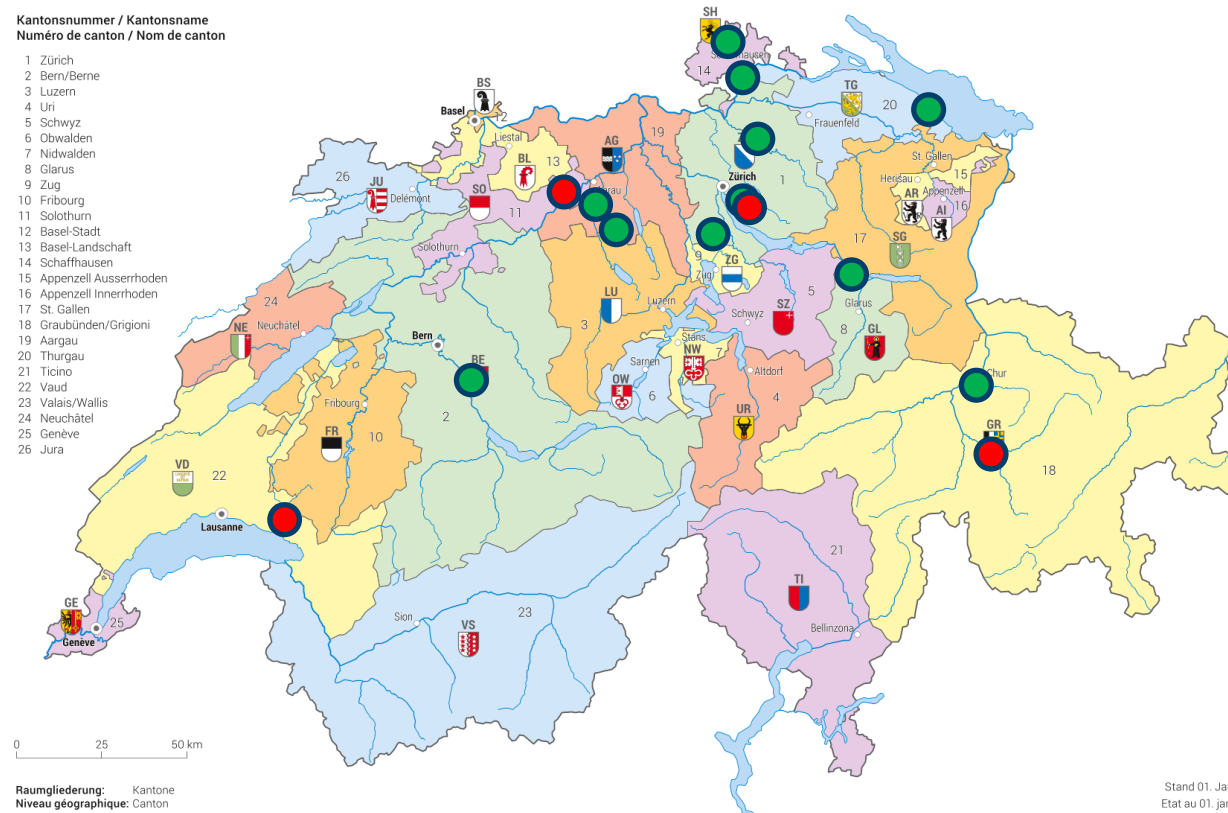


# Non specific residential group homes

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● Residential group homes

● Non specific residential group homes

# Co-operations and synergies

- No official cooperation between the residential groups until 2015
- Intervision with case discussions
- Possibility for residents to swap institutions
- Possibility for residents to join the holiday programme offered by other institutions
- Job shadowing of staff in the other teams
- Joint organisation and implementation of pws-specific training courses
- National waiting list for people with PWS who are looking for a place in a PWS residential group

# Co-operations and synergies



- Joint participation at conferences in Ireland



- Development and realisation of a parents' seminar

# Co-operations and synergies



- Joint participation in the unified run

- Family Day of the PWS Association

# Co-operations and synergies



- Mountain hut weekend

# Benefits

- We know the different residential offers
- We can share and exchange experiences and knowledge
- Mental hygiene
- Exchange among defined contact persons
- Residents know each other well, have a network, maintain friendships with each other

# Outlook for the future

- Expanding connections to Austria and Germany
- Use of the common language German for cross-border exchange and cooperation



# Thank you

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